Republic of the Philippines

Department of Education

REGION IV- A CALABARZON

CITY SCHOOLS DIVISION OF THE CITY OF TAYABAS

Advisory No. 317, s. 2026
November 13, 2026
In compliance with Deped Order (DO) No. 8, s. 2013
this advisory is issued not for endorsement per DO 28, s. 2001
but only for the information of Deped officials,
personnel/staff, as well as the concerned public.
(Visit www.deped.gov.ph)

SEMINAR ON UNDERSTANDING BRAIN PATTERNS IN DIFFICULT BEHAVIOR

The PSYCHE Fitness will conduct a three-day seminar entitled **"Understanding Brain Patterns in Difficult Behavior: Exploring Biology, Survival and Adaptation"** on **December 11–13, 2026** at B Hotel Alabang, Muntinlupa City. The seminar will be facilitated by Dr. Sasha Tesic, a specialist in neurology, family medicine, and biologically based approaches to health.

The following personnel are invited to participate:

Guidance Counselors and Guidance Designates
Child Protection Unit Personnel
Learner Support Personnel
School Heads

Participation in this activity is voluntary and subject to existing DepEd policies, rules, and regulations.

For additional details and inquiries, interested participants may contact:

Ms. Eli Abela
Human Potential Coach of PSYCHE Fitness
eli@psyche.fitness

Attached is the Regional Advisory No. 179, S. 2026 for reference.

Immediate dissemination of this Advisory is desired.

SGOD- seminar on understanding brain patterns in difficult behavior
SGO609OT-006043/November 13, 2026

Address: Brgy. Potol, Tayabas City
Telephone No.: (042) 785-9615
Email Address: tayabas.city@deped.gov.ph
Website: https://www.sdotayabascity.ph

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Republic of the Philippines
Department of Education
REGION IV-A CALABARZON

ESSD-RA-2026-176

November 10, 2026

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SEMINAR ON UNDERSTANDING BRAIN PATTERNS IN DIFFICULT BEHAVIOR: EXPLORING BIOLOGY, SURVIVAL AND ADAPTATION

The PSYCHE Fitness will conduct a three-day seminar entitled "**Understanding Brain Patterns in Difficult Behavior: Exploring Biology, Survival and Adaptation**" on **December 11–13, 2026** at B Hotel Alabang, Muntinlupa City. This will be faciliated by Dr. Sasha Tesic, a specialist in neurology, family medicine and biologically based approaches to health.

The Guidance Counselors and Designates, Child Protection Unit and Learner Support personnel, and School Heads are invited. Participation is voluntary, subject to existing DepEd policy and regulations.

Before this seminar, a free one-hour masterclass via Zoom will be held on November 11, 2026, from 7:00 to 8:00 PM. Registration is available through this link: https://us02web.zoom.us/meeting/register/KhefzyX5RUicMNQbh7gSGg.

For other details, please refer to the attached communication or contact Ms. Eli Abela, Human Potential Coach of PSYCHE Fitness, through this email address eli@psyche.fitness.

03/ROE/NPF/ROE3

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